



14. Knowing that integrity, peace, responsibility for others, wise stewardship of our planet, justice and freedom matter to God, I make choices according to these values.

15. Because Scripture reveals a loving God who desires good for all, I actively resist calling acts of violence and tragedies "God's will."

16. I believe the Holy Spirit works in and through my life and the lives of others calling and guiding us to do God's work in the world.

17. The Bible is the foundation for my personal faith and practice.

18. I am thankful that United Methodists value the full participation of women and men, people of all races, classes and backgrounds in all facets of fellowship and leadership within the church and society.

19. I apply Christian ethics in all decisions in my life, small or big.

20. I know that God loves me and has a specific place for me to serve in God's kingdom on earth and in heaven.

### Loving God (Spiritually Transformed)

1. I pray every day for the Holy Spirit to guide and direct me.

2. I know God has the power to transform my life and I'm open to wherever that may lead me.

3. As a means of growing in Christ, I prayerfully practice various spiritual disciplines.

4. I am experiencing "the fruit of the Spirit" (Galatians 5:22): love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control.

5. I belong to a group who grow in faith together and challenge each other to grow deeper in Christ.

6. I lay aside my own desires & sense of importance & submit to God's will for my life.

7. I sense God's transforming grace in my life, reflected in my changing values, priorities, relationships, feelings, behaviors, and reactions.

8. I have made weekly public worship a holy habit, and I offer every day to God in a spirit of worship and praise.

9. Things out of my control do not cause me to lose patience or self-control.

	Does not Apply	1	2	3	Applies Somewhat	4	5	Applies Completely
14. Knowing that integrity, peace, responsibility for others, wise stewardship of our planet, justice and freedom matter to God, I make choices according to these values.	0	1	2	3	4	5		
15. Because Scripture reveals a loving God who desires good for all, I actively resist calling acts of violence and tragedies "God's will."	0	1	2	3	4	5		
16. I believe the Holy Spirit works in and through my life and the lives of others calling and guiding us to do God's work in the world.	0	1	2	3	4	5		
17. The Bible is the foundation for my personal faith and practice.	0	1	2	3	4	5		
18. I am thankful that United Methodists value the full participation of women and men, people of all races, classes and backgrounds in all facets of fellowship and leadership within the church and society.	0	1	2	3	4	5		
19. I apply Christian ethics in all decisions in my life, small or big.	0	1	2	3	4	5		
20. I know that God loves me and has a specific place for me to serve in God's kingdom on earth and in heaven.	0	1	2	3	4	5		
<b>Loving God (Spiritually Transformed)</b>								
1. I pray every day for the Holy Spirit to guide and direct me.	0	1	2	3	4	5		
2. I know God has the power to transform my life and I'm open to wherever that may lead me.	0	1	2	3	4	5		
3. As a means of growing in Christ, I prayerfully practice various spiritual disciplines.	0	1	2	3	4	5		
4. I am experiencing "the fruit of the Spirit" (Galatians 5:22): love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control.	0	1	2	3	4	5		
5. I belong to a group who grow in faith together and challenge each other to grow deeper in Christ.	0	1	2	3	4	5		
6. I lay aside my own desires & sense of importance & submit to God's will for my life.	0	1	2	3	4	5		
7. I sense God's transforming grace in my life, reflected in my changing values, priorities, relationships, feelings, behaviors, and reactions.	0	1	2	3	4	5		
8. I have made weekly public worship a holy habit, and I offer every day to God in a spirit of worship and praise.	0	1	2	3	4	5		
9. Things out of my control do not cause me to lose patience or self-control.	0	1	2	3	4	5		

	Does not Apply	1	2	3	4	5
10. I am open, honest and vulnerable with the members of my small group, and encourage them to be open, honest and vulnerable in return.	0	1	2	3	4	5
11. Because I have surrendered my life to God, I avoid addictive behaviors (for example: food, television, busyness, as well as drugs, alcohol, etc.) and I refuse to make moral compromises in areas such sexual misconduct, greed or dishonesty.	0	1	2	3	4	5
12. I am growing in respect and compassion for others and concern for things God cares about.	0	1	2	3	4	5
13. I read and study the Scriptures asking God, "What is here for me to obey?"	0	1	2	3	4	5
14. People would say I'm kind and gentle.	0	1	2	3	4	5
15. One way I am choosing life-long spiritual growth is by being in a small group that creates a climate of mutual support and accountability.	0	1	2	3	4	5
16. I regularly confess my sins, repent of wrong thoughts, words, and deeds, and offer my life to God for obedient service.	0	1	2	3	4	5
17. Jesus is first in my life.	0	1	2	3	4	5
18. I take time each day to offer myself to God in prayer and to pray for others.	0	1	2	3	4	5
19. I experience God's joy and peace in all circumstances, even in times of uncertainty or loss.	0	1	2	3	4	5
20. I know there are people who can rely on me as well as I rely on them in times of crisis or celebration.	0	1	2	3	4	5

### Serving God (Living Faith Daily in the World)

1. Time is valuable, therefore I find ways to make myself more available to God.	0	1	2	3	4	5
2. I know I have natural talents, and I serve God using these abilities or skills.	0	1	2	3	4	5
3. I can show you evidence in my checkbook that I act on God's concern for justice and for serving the poor.	0	1	2	3	4	5
4. I connect with and serve those in need outside my local community.	0	1	2	3	4	5
5. I share my faith with others through my words and actions.	0	1	2	3	4	5
6. I manage my time in such a way that I am seldom "too busy" to serve someone else's needs, or to serve the church.	0	1	2	3	4	5
7. I thank God for the spiritual gifts and talents of others, and encourage and support them in using these God-given tools for ministry.	0	1	2	3	4	5



# Spiritual Growth Assessment Scores

				<u>Basic Christian Traits</u>	<u>My Score</u>
Rooted in God (Theologically Informed)					
1. _____	6. _____	11. _____	16. _____	.... Christian Essentials	_____
2. _____	7. _____	12. _____	17. _____	.... Bible Understanding	_____
3. _____	8. _____	13. _____	18. _____	.... United Methodism	_____
4. _____	9. _____	14. _____	19. _____	.... Basic Christian ethics	_____
5. _____	10. _____	15. _____	20. _____	.... Knowing God's will	_____
Head Total					_____
Growing in Christ (Spiritually Transformed)					
1. _____	6. _____	11. _____	16. _____	.... Surrender	_____
2. _____	7. _____	12. _____	17. _____	.... Transformation	_____
3. _____	8. _____	13. _____	18. _____	.... Spiritual Disciplines	_____
4. _____	9. _____	14. _____	19. _____	.... Fruit of the Spirit	_____
5. _____	10. _____	15. _____	20. _____	.... Small Groups	_____
Heart Total					_____
Bearing Fruit in the Spirit (Living My Faith Daily in the World)					
1. _____	6. _____	11. _____	16. _____	.... Time	_____
2. _____	7. _____	12. _____	17. _____	.... Spiritual Gifts/Talents	_____
3. _____	8. _____	13. _____	18. _____	.... Financial Gifts	_____
4. _____	9. _____	14. _____	19. _____	.... Service	_____
5. _____	10. _____	15. _____	20. _____	.... Sharing	_____
Hands Total					_____

Do not be concerned about concentrating on too many areas at once, so consider all three areas of spiritual growth before you decide on your next steps. As a guide for interpreting your total for each area of growth, and choosing your next steps, we suggest:

**80-100 Level 3:** Find ways to invest in a deeper, committed way. Use your gifts, knowledge, and skills to bless others. Further growth is life-long process.

**55-79 Level 2:** You are ready to take the next steps to increase your understanding, knowledge and experience in this area.

**0-54 Level 1:** You are on the journey to make your life more significant and rewarding as you take first steps.